

# *WOMEN'S FORUM*

## *Sharing Wisdom*

### *Gilded Age Series: Escaping into Nature*

Dear Ladies,

It is delightfully curious how one thing leads to another in creating our programs of sharing wisdom at WF. I was researching Frederick Law Olmsted, the architect/designer of Central Park for our current Gilded Age Series and thinking about how to structure the discussion around the topic.

I then thought to find a tour of the park and happened upon a video, made on April 24, 2021 (really, 2021!). It took my breath away. The park was alive and reemerging into THE CENTRAL PARK we left behind for what seems an eternity ago. Everything was in bloom, there were runners and cyclists, families, children playing, people laughing, a softball game going on, all coming back, coming back...

So, I thought, there's the thread. We'll discuss the origins of Central Park and the illustrious designer who brought to life. Then we'll talk about the park today and the importance of communion with natural world and share how that sanctuary feeds the soul. By lucky coincidence, I found a poem written by one of the literary titans of the age which will be our

inspiration as we explore the joy and the solace of *Escaping  
into Nature!*

See you at the Park,

Evelyn